

Trauma-informed care Youth Evaluation Questionnaire (TIC-Y)

The TIC-Y is a self-report questionnaire for youth in residential care to evaluate the quality of care from a trauma-informed perspective. It consists of 26 items divided into 5 sub-scales. It is administered through a digital link, using a 5-point Likert scale.

The measure is developed in co-creation with children with cognitive and adaptive disabilities.

The questionnaire is currently available in Dutch and has a provisional English translation.

Sample item:

1. The caregivers listen to what I have to say

Type here what else you would like to tell us:

Never Rarely Sometimes Very often Always I don't want to answer



Sub-scales:

The way caregivers treat you

This sub-scale is about the connection of the youth with the staff members. It explores the extent to which the youth feels seen, emotionally safe and the perceived empathy of the staff.

How the children at my group home treat each other

This sub-scale addresses the connection with peers. Questions relate to the extent to which children feel safe, respected and connected with the other children at the group home.

How caregivers support you

This sub-scale focusses on the support youth receives from the staff. It examines if they feel that staff supports their autonomy and wellbeing/safety.

If you're not feeling okay

This sub-scale addresses (co)regulation. It examines whether the youth feel supported and know what steps to take when they are not feeling well or dysregulated (an important aspect of TIC).

The way the group home looks and feels

This sub-scale focusses on the physical environment of the youth. It examines the overall appearance and atmosphere of the group home.

Working together makes things better!

Results are discussed in group meetings between children and staff.

The feedback format allows everyone to see at first glance what is going well and where there is room for improvement. Staff and children think of solutions together and share responsibility.

I trust the other children in my group home



The caregivers make sure the group is safe



More information?

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The way caregivers treat you

- The caregivers listen to what I have to say
- The caregivers have enough time for me
- The caregivers understand me
- The caregivers know what I have been through in my life
- The caregivers care about my opinion
- The caregivers stay calm, even if someone is angry or loud

How the children at my group home treat each other

- The children in my group home are kind
- I trust the other children in my group home
- In my group home, children treat each other with respect
- In my group home, we have fun together.
- In my group home, the children fight with each other*
- I get bored in my group home*
- My group home is too noisy*

How caregivers support you

- The caregivers are fair
- I trust the caregivers
- The caregivers are kind to me
- The caregivers involve me in making agreements
- The caregivers make sure the group is safe
- The caregivers pay good attention to how things go in the group home
- We do fun things together with the people in my group

If you're not feeling okay

- If something is bothering me, I can talk to someone about it
- When I am angry or sad, the caregivers and I work out what helps me to calm down
- There is a place I can go when I don't feel well

The way the group home looks and feels

- My group home looks nice and friendly
- My group home is tidy and clean
- I am happy with how my bedroom looks

